



Implementing the Affordable Care Act

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The Affordable Care Act will move ahead!

- ▶ Insurance coverage for 19 million poor and 20 million near-poor citizens
- ▶ **Health benefits for 11 million persons with behavioral health conditions***
- ▶ **Safe Harbor for those with severe illnesses**
- ▶ New focus on prevention and promotion, not just disease care

* Source: HHS News Release, May 11, 2012, Statement from HHS Secretary Kathleen Sebelius on Mental Health Month

Moving quickly into ACA implementation

- ▶ Become involved
- ▶ Work together
- ▶ Work quickly
- ▶ Work smartly

- ▶ **Enrollment Ramp Up Prior to October 1!**
- ▶ **ISSUE:** Does anyone know this? Does anyone know how to enroll?

50 Years of Federal Spending

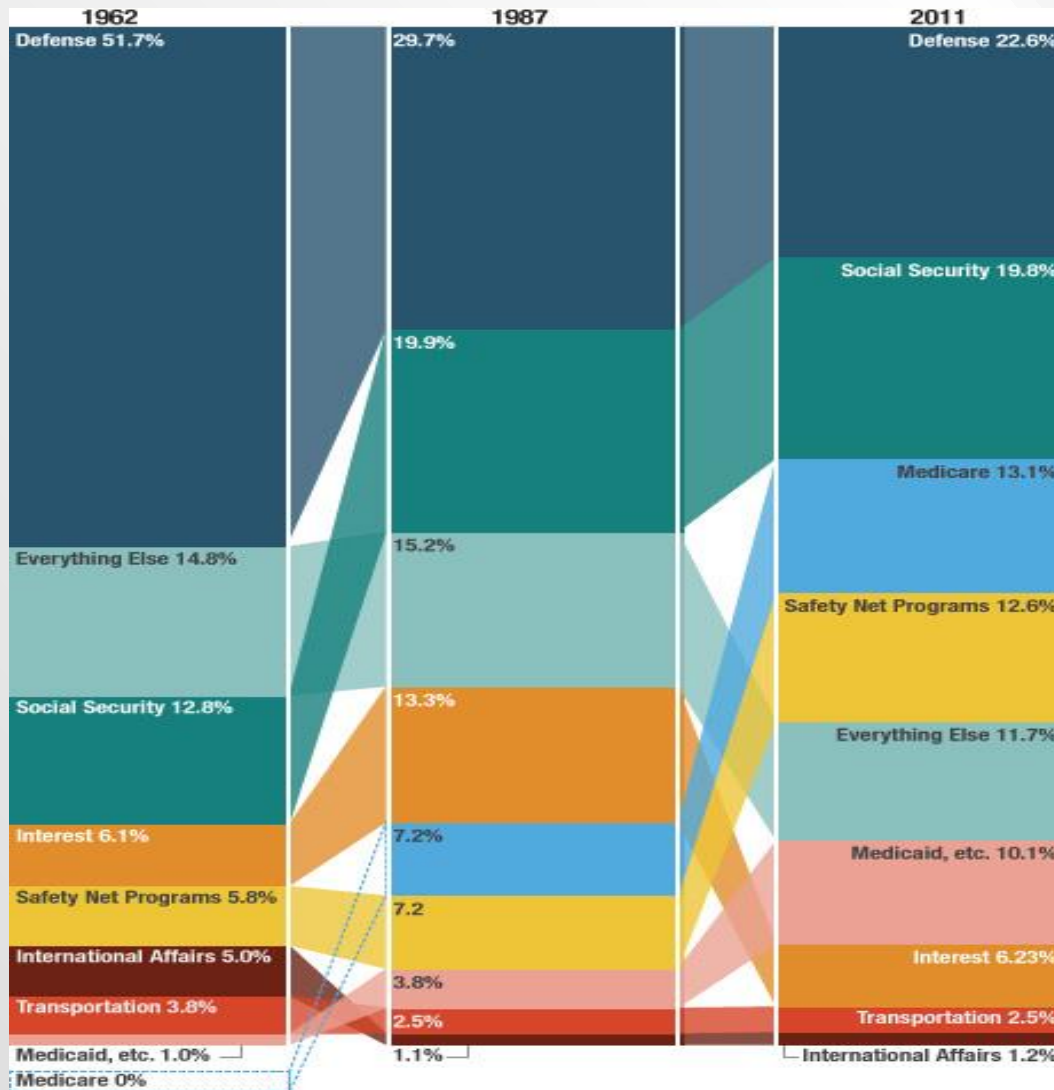


Chart depicting 50 years of federal spending; image taken from NPR.org

Some Mini Trends Toward 2020

- ▶ **Whole health**, person-centered care, and **recovery** advance rapidly.
- ▶ **Peer support** and health navigation become ubiquitous.

Some Demographic Trends

- ▶ Changing U.S. demography
 - ▶ Bigger (282 → 350M)
 - ▶ **Older (12 → 18%) (\$27T Medicare; \$11T Soc Sec)**
 - ▶ More racially and ethnically diverse (81 → 78% white)
- ▶ **Medicaid (→ 80M) and Medicare (→ 75M)** will continue to grow.

Some Important Facts for Behavioral Health Care

- ▶ People with behavioral health conditions **die 25–35 years earlier** than others.
- ▶ **One million** people with behavioral health conditions **will die from heart attack or stroke** in the next 5 years.
- ▶ Behavioral health conditions are implicated in all major chronic diseases and vice versa.

Implementing **the ACA**

ACA Overview Article

▶ **The Affordable Care Act: Overview and Implications for County and City Behavioral Health and Intellectual/Developmental Disability Programs**

▶ Ron Manderscheid, PhD

▶ ***FORTHCOMING IN: JOURNAL OF SOCIAL WORK IN DISABILITY AND REHABILITATION***

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▶ **Abstract**

▶ We begin by reviewing the five key intended actions of the ACA—insurance reform, coverage reform, quality reform, performance reform, and IT reform. This framework provides a basis for examining how populations served and service programs will change at the county and city level as a result of the ACA, and how provider staff also will change over time as a result of these developments. We conclude by outlining immediate next steps for county and city programs.

▶ Article can be accessed at: <http://www.nacbhdd.org/content/ACA%20Article%2011-18-12.pdf>

Other Resources

- ▶ The ABCs of
 - ▶ Marketplaces
 - ▶ Medicaid Expansion
 - ▶ How to enroll
- ▶ All are in your Drop Box.
- ▶ www.behavioral.net

Point of View

The ACA is about ...
coverage and access

ACA Keynotes

- ▶ **Person-centered care**
- ▶ **Shared decision making**
- ▶ **Whole health**

Role of Parity

- ▶ **Essential Health Benefit (EHB)** for private insurance must be at parity. What does parity mean?
- ▶ **Medicaid Benchmark Benefit** must be at parity.
- ▶ Parity does extend to **all** new individual and small group plans beginning in 2014.
- ▶ What about parity for current Medicaid beneficiaries?

Quick ACA Overview

- ▶ Insurance reform
- ▶ Coverage reform
- ▶ Quality reform

State Estimates of the Uninsured

- ▶ You can access **state estimates** for the Medicaid Expansion and for the State Health Insurance Marketplace at <http://www.samhsa.gov/healthReform/enrollment.aspx>
- ▶ Three estimates are provided:
 - ▶ Adults with Serious Mental Illness
 - ▶ Adults with Serious Psychological Distress
 - ▶ Adults with a Substance Use Disorder

ACA Medicaid Expansion

- ▶ Fact: For states that choose this option (now 26 + DC), enrollment system will go live on October 1, 2013 with coverage beginning on January 1, 2014. Designed for all uninsured adults up to 133 percent of poverty (plus discounted 5 percent of income).
- ▶ **Overall 40% with Behavioral Health Conditions. (About 7% will have a Serious Mental Illness and about 14% will have a Substance Use Disorder).**
- ▶ **KEY ISSUES TO CONSIDER:**
 - ▶ What is the effect of a State opting out?
 - ▶ Are eligible uninsured persons aware of the opportunity?
 - ▶ Will persons with mental health and substance use conditions actually enroll?

ACA Affordable Health Insurance Marketplace

- ▶ Fact: Enrollment system will go live in **ALL STATES** on October 1, 2013. Insurance will become effective on January 1, 2014. Scope is all uninsured adults above 133 percent of poverty (plus discounted 5 percent of income).
- ▶ **Overall 25% will have a Behavioral Health Condition. (About 6% will have a Serious Mental Illness and 14% will have a Substance Use Disorder).**
- ▶ **KEY ISSUES TO CONSIDER:**
 - ▶ Are eligible uninsured persons aware of the opportunity?
 - ▶ Will persons with mental health and substance use conditions actually enroll?
 - ▶ Will the insurance benefits be adequate?

ACA New Coverage Mandates

- ▶ Facts:
 - ▶ Certain prevention and promotion services now have no copays or deductibles;
 - ▶ **Guaranteed Insurance for pre-existing conditions** now covers up to age 19 (to be extended to all ages on January 1, 2014);
 - ▶ Those **up to age 26** can now remain covered by family policies.
- ▶ **KEY ISSUES TO CONSIDER:**
 - ▶ Will persons with mental health and substance use conditions actually seek care?
 - ▶ How can we improve outreach to these people?

ACA—Health Homes and ACOs

- ▶ Fact: **Everyone (including you) will be in a “health home” by 2020.**
- ▶ Likely Future
 - ▶ Health homes will be operated by ACOs.
 - ▶ Behavioral health entities may form ACOs.
 - ▶ Think about some out of the box approaches—county or community collaboratives!
- ▶ **KEY ISSUES TO CONSIDER:**
 - ▶ Will people seek care from health homes?
 - ▶ How will health homes change the stigma of mental illness and substance abuse?

ACA—Health Homes and ACOs

- ▶ Fact: We **do** have a lot to offer ACOs!
- ▶ Likely future
 - ▶ We can and should contribute the concepts of **recovery** to chronic illness care.
 - ▶ We can and should contribute the concept of **resilience** (“well-being”) to prevention and promotion care.
 - ▶ We can contribute **peer support** and health navigation for cost reduction and improved outcomes.
- ▶ **KEY ISSUES TO CONSIDER:**
 - ▶ How will recovery and resilience change the nature of health care?
 - ▶ How will peer support change behavioral healthcare?

Headline ...

Health Insurance Navigator Grants

KEY ISSUES TO CONSIDER:

How well are these grants working for behavioral healthcare?

Contact Information

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