FOCUS ON WELLNESS: The Integration of Behavioral Health and Primary Care Services for the Forensics Population

NATIONAL ASSOCIATION OF CASE MANAGEMENT SEPTEMBER 23, 2015

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Workshop Objectives

- ▶ Identify effective methods for working with individuals involved with the criminal justice system who have behavioral health concerns and who could benefit from receipt of primary care services
- Mechanisms to motivate and educate staff to focus on health issues with a holistic focus
- ➤ Strategies to engage collaborating entities to provide health or wellness services to support criminal justice involved individuals

WHO WE ARE?

- ▶ PHMC is a non-profit public health institute that creates and sustains healthier communities. PHMC uses best practices to improve community health through direct service, partnership, innovation, policy, research, technical assistance and a prepared workforce.
- ▶ The Forensic Services component at Public Health Management Corporation (PHMC) coordinates criminal justice substance abuse treatment services to more than 6000 individuals each year through eight distinct programs.

Forensic Service Programs

- ▶ The model of service delivery includes close collaboration among the behavioral health system, criminal justice system, social service agencies, and reentry support services.
- ▶ PHMC/Forensic Services provides clinical assessment and case management services at different levels of engagement.
- Programs include diversionary, early parole/release and specialized drug court programs





National Picture for Criminal Justice Populations



- ▶ Behavioral health
- ▶ Physical Health
- Criminal justice compared to other populations
- ▶ Unique challenges
- ► Affordable Care Act (ACA)

Integration of Behavioral Health and Primary Care: Why Important

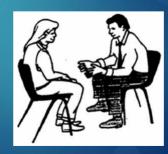
- Research and experience working with those individuals who are involved in the criminal justice system
 - ▶ Physical health needs
 - ▶ Behavioral health needs
 - ► Challenges with Access financial, availability, knowledge of available resources
 - ► Limited experience in utilizing services due to socio-economic background or cultural expectations

PHMC'S FOUNDATION FOR WORKING WITH THIS POPULATION

- **▶ DBHIDS Practice Guidelines**
- ► Sequential Intercept
- ► Recovery Transformation
- ► National Drug Court Institute Best Practices

INTERVENTIONS UTILIZTED

- Build Rapport
- Be trustworthy
- Empowerment of participant to drive the work
- Recovery Transformation
- ▶ Follow-through
- Non-judgement



Strategies Used in 3 Types of Criminal Justice Programs

- ► Forensic Intensive Recovery (FIR)/Intermediate Punishment Program (IPP) – Early Release/Parole
- Accelerated Misdemeanor Program (AMP) -Diversion
- ▶ Philadelphia Treatment Court (PTC)- Drug Court



Staff education and motivation

- ▶ Departmental education
- ▶ Data sharing
- ▶ Accountability
- Motivational Mindset for Management/Supervisors
- ► Motivational Mindset for Direct Service Staff



Strategies for Collaboration

- ▶ Collaboration with internal programs and affiliates
- Collaboration with key criminal justice stakeholders
- Use of technology to facilitate collaboration efforts







