



Law Enforcement and Peer Support

Peers Developing Working Relationships with Law Enforcement and other emergency services

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What Is a Peer and What is Peer Support?



WHAT IS A PEER SUPPORT SPECIALIST?

Peer Support is a system of giving and receiving help founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful.

Peer support is not based on psychiatric models and diagnostic criteria. It is about understanding another's situation empathically through the shared experience of emotional and psychotically pain.

A Peer's Role

(The Ultimate Middle man)

What We Do

- Make a connection
- Provide support
- Provide advocacy / facilitate self advocacy
- Explore resources through out the community (housing, work, benefits and work incentives, medication resources)

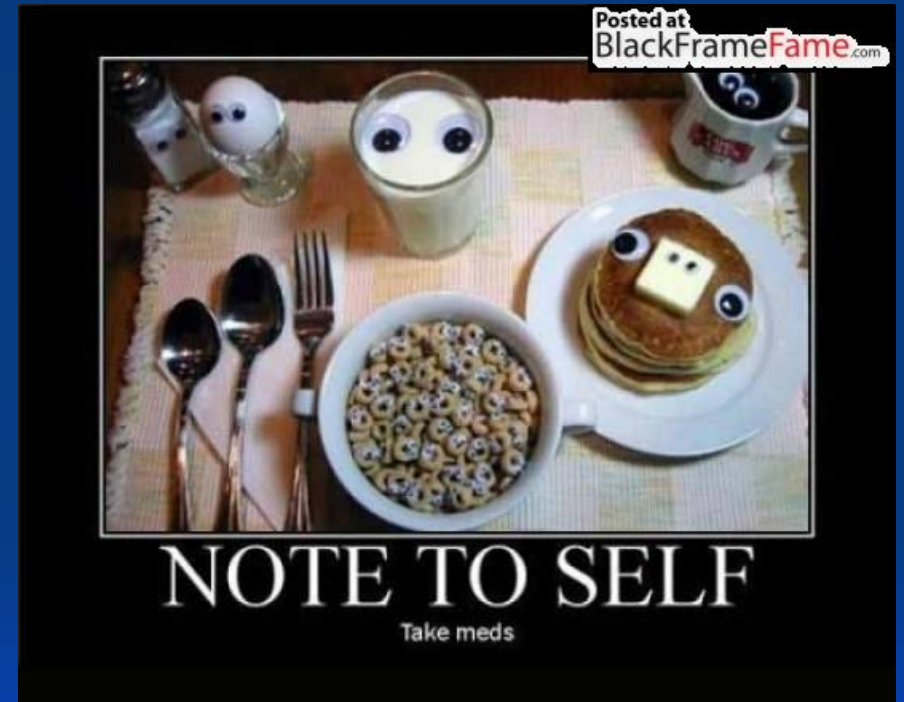
A Peer's Role

(The ultimate middleman)

What We Don't Do

- Give Advise
- Manage Medication
- A taxi or Uber service
- Get you a job
- Get you housing

As peers we will do things with you-not for you



Connection and Working with other providers



Connect [*kuh-nekt*] verb

to join, link, or fasten together; unite or bind

Synonyms

Network, relation, acquaintance

Agent, ally, associate, friend, go-between, kindred, mentor, messenger,
reciprocity, relative, sponsor

Connection and working with other providers

Connection and Disconnection / Power and Control
Communication
Doing What We Say We Will Do
Trauma Informed Care
Peers Knowing Their Role in Wrap Around Services
Being a Human Being and Stigma

Medical Model

- Narrowly Focused on illness, symptoms, deficiencies, and incapacity
- Primary patient/Client role and pursuit of treatment goals
- Consumer is expected to adhere to the advise of a professional
- Staff prescribe what they feel is in the best interest of consumer
- Motivation for change is fear and punitive
- Consumer is expected to adhere to professional advise
- Medication compliance is emphasized
- Responsibility for treatment and progress rests on providers
- Service system may exclude persons, duplication of efforts or have separate access for person with multiple issues
- Services are embedded with the Mental Health System when possible

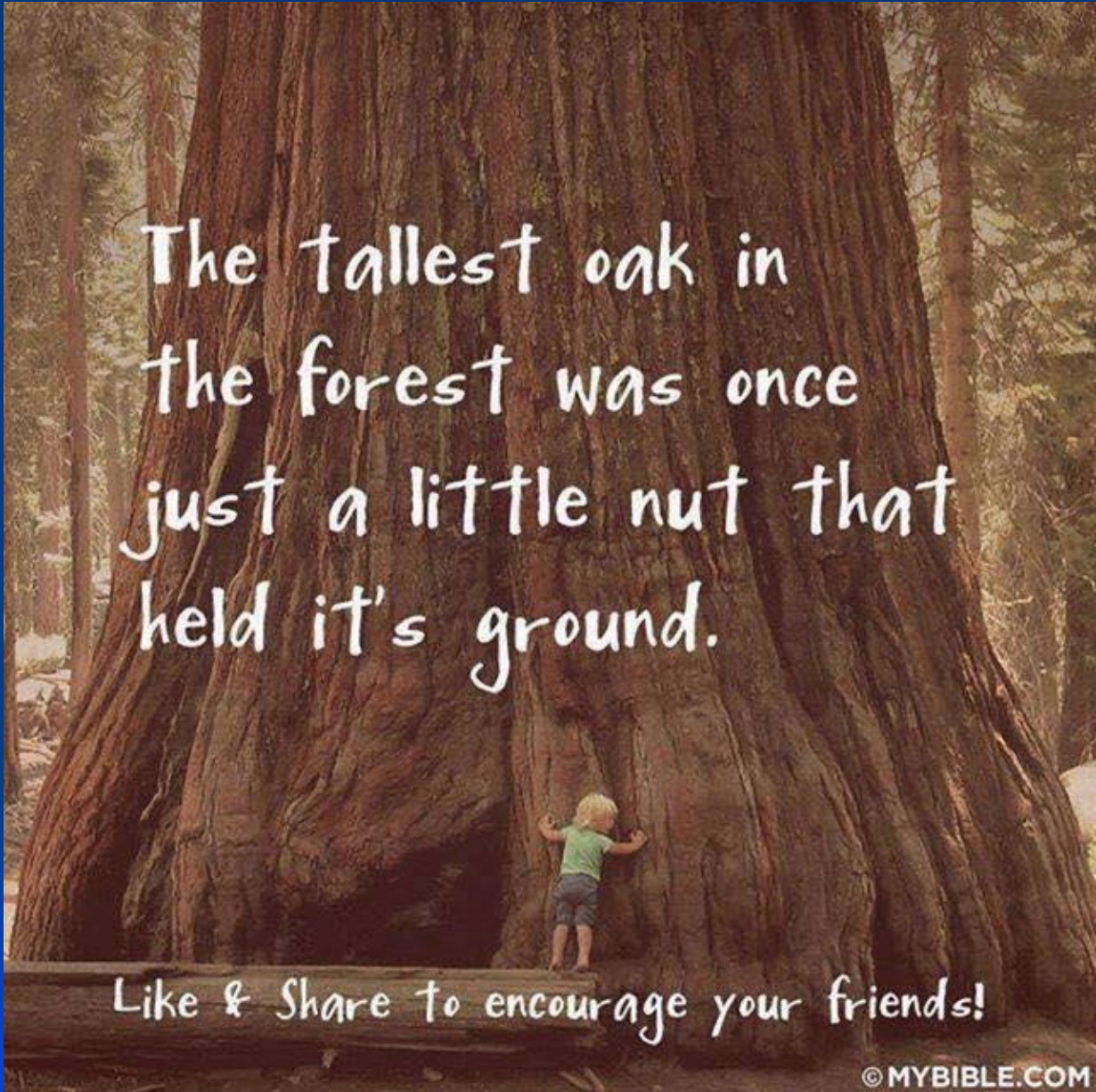


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Recovery model

- Multi-dimensional, holistic
- Re-established valued roles and pursuit or recovery goals
- Consumer is empowered to assume personal responsibility for health and life style
- Staff offer education, guidance, and support
- Motivation for change is health and personal control
- Consumer is guided to assume responsibility for self-monitor health behaviors and increase activity in dimensions where the consumer perceives and imbalance
- System integration assists persons with co-occurring disorders
- Emphasis on the use of natural community resources!

A photograph of a massive, ancient oak tree trunk in a forest. The bark is deeply textured and reddish-brown. A small child in a green shirt and blue shorts stands at the base of the tree, arms outstretched, to provide a sense of scale. The background shows other trees and a forest floor.

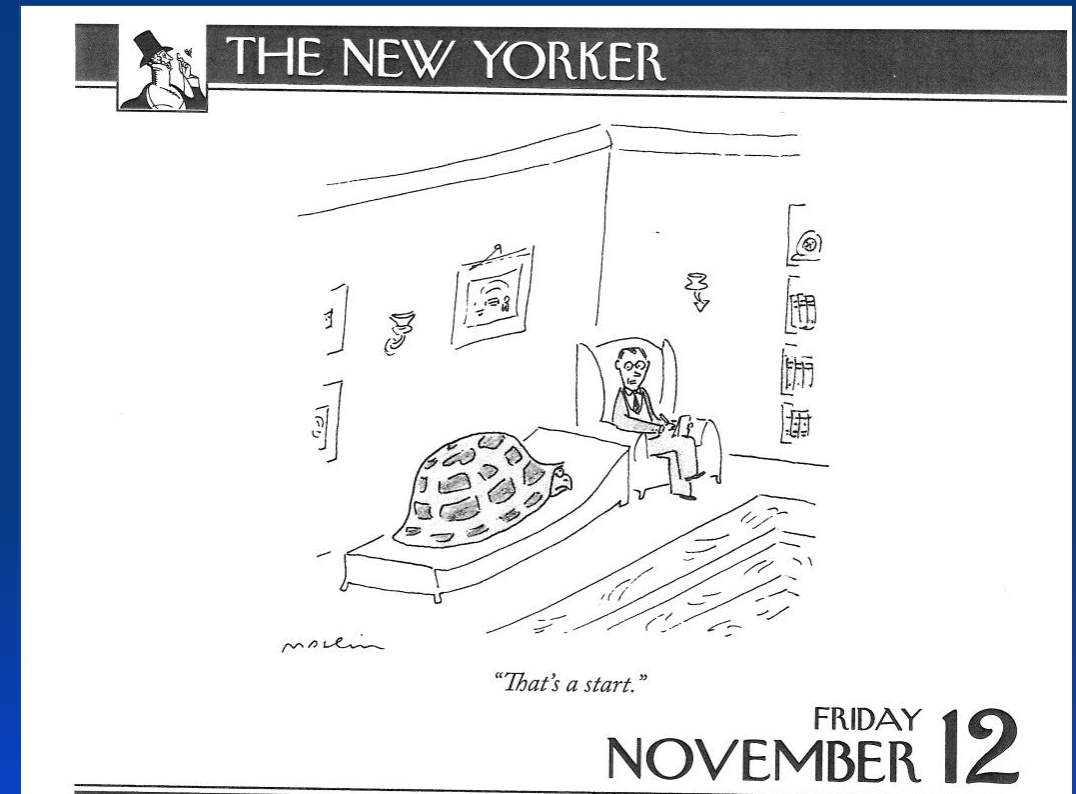
The tallest oak in
the forest was once
just a little nut that
held it's ground.

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Key Concepts

- Connection
- World View
- Mutuality
- Moving Towards (Intentionally)



A Brief History of the Mental Health Association of Nebraska

(This is not a commercial)

MHA-NE Programs

- H.O.P.E. (Higher Opportunity through the Power of Employment)
- Keya House
- Re-entry and Honu Home
- Home B.A.S.E.
- W.R.A.P. (Wellness Recovery Action Plan)
- R.E.A.L. (Respond Empower Advocate Listen) and peer support in the hospital



How Do Cops and Consumers Work Together?



The Initial Referral
The Peer responds
Connection and movement
Team work
Follow Up

Real Numbers

Since September of 2012

- Over 1950 total referrals
- 300 different officers have utilized the REAL program
- Two and a half officers
- Success rate
- Officer B's report
- Referrals from other providers, landlords , families, churches, the hospital, the VA and a bus driver

REAL Examples

Good morning!

I had contact with a guy today who was initially suicidal and telling family and friends he wanted to jump off of a parking garage. He decided against that and said he was no longer suicidal by the time I had contact with him.

He's going through a rough time because he just found out his girlfriend of 6 years is pregnant with another man's child.

He said he is very depressed and is tired of sitting around his apartment all day, his ___ year old son is being investigated for molesting other kids & just revealed he is a victim of abuse himself so this guy has a ton of major things going on and I think he's VERY depressed. He cried throughout our contact.

I took him to _____ for self admittal but would like to do a referral as well. His name is _____, (physical description and birthday) He lives at _____

and his phone is _____ He is very cooperative and has never done anything like this in the past. _____ has lived in Lincoln for 6 months and has actually never been contacted by LPD. Good guy, just has a lot going on.

Please let me know if you need any other info!

Thank you!

Referring Officer

REAL Examples

REFERRALS NAME REFERRALS BIRTHDAY
REFERRALS ADDRESS REFERRALS PHONE NUMBER

1) REFERRING OFFICER

2) INCIDENT/CASE NUMBER

4) _____ FATHER CALLED POLICE SUSPECTING THAT HE IS
OVERMEDICATING.

_____ FATHER SAID THIS IS CAUSING HIM MEMORY LOSS. THIS
UPSET

_____ BECAUSE HE IS 25 AND DOESN'T FEEL HIS FATHER SHOULD
CONTROL

HIS MEDICATION. _____ EXPRESSED INTEREST IN MOVING OUT
AND ANY

HELP/INFORMATION YOU COULD PROVIDE IN THIS WOULD
PROBABLY HELP.

_____ HAS A ROUGH RELATIONSHIP WITH HIS PARENTS.

REAL Examples

Officer _____,

I am responding to the referral made on behalf of _____ on November 16, 2013. Since the initial referral was received in June, _____ and I have been meeting every other week for lunch. We have discussed a variety of topics, made some very solid healthy decisions regarding plans to stay safe, shared some great jokes, as well as setting up new support systems that she can utilize 24 hours a day seven days a week. These supports include two warm line phone numbers, calling her TASC worker, and my phone number. We have developed a Wellness Recovery Action Plan (W.R.A.P.) and _____ attends a W.R.A.P. Support Group that I facilitate at Bryan West most Thursdays of the month. _____ is also able to use the Keya House. Sometimes recovery is two steps forward and one step back.

When I received the latest referral on Sunday, November 17 I called her that afternoon and asked what was going on with using the police as a taxi service? She talked about not being able to breath and did not want to discuss it. _____ and I will be meeting again tomorrow and appropriate use of the police department and hospital will certainly be brought up. Thank you for communicating with me and please know that _____ and I will be having some more heart to heart talks in the following days. Please do not hesitate to contact me with any questions or concerns you may have. Thank you for your service to the community and for using the referral program.

Take Care,

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Keya House (402)261-5959

One awesome thing about Eeyore is that even though he's basically clinically depressed, he still gets invited to participate in adventures and shenanigans with all of his friends. And they never expect him to pretend to feel happy; they just love him anyway, and they never leave him behind or ask him to change.



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Thank you!