

Bridging the Gap to Safe Recovery: Implementing Harm Reduction Strategies in Case Management

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What Is Harm Reduction?

Public Health Policies designed to reduce the harmful consequences associated with various, sometimes illegal behaviors

History of Harm Reduction

Phase One: Awareness

Phase Two: Implementation

Phase Three: Disease Prevention Model



What Harm Reduction is NOT

- Passive
- Anything Goes
- Don't Ask Don't Tell
- Giving Up
- A Direct Path to Abstinence

Harm Reduction

Behavior

Harm

Practice

Harm Reduction Criticism

- Illegal Behaviors are Acceptable
- Encourages Drug Use
- Does not Reduce Harm over a Long Period of Time
- Legalization of Drugs
- Keeps Addicts “Stuck”



Harm Reduction System

Health Care Agencies

- Medical
- Mental Health
- Drug & Alcohol

Community

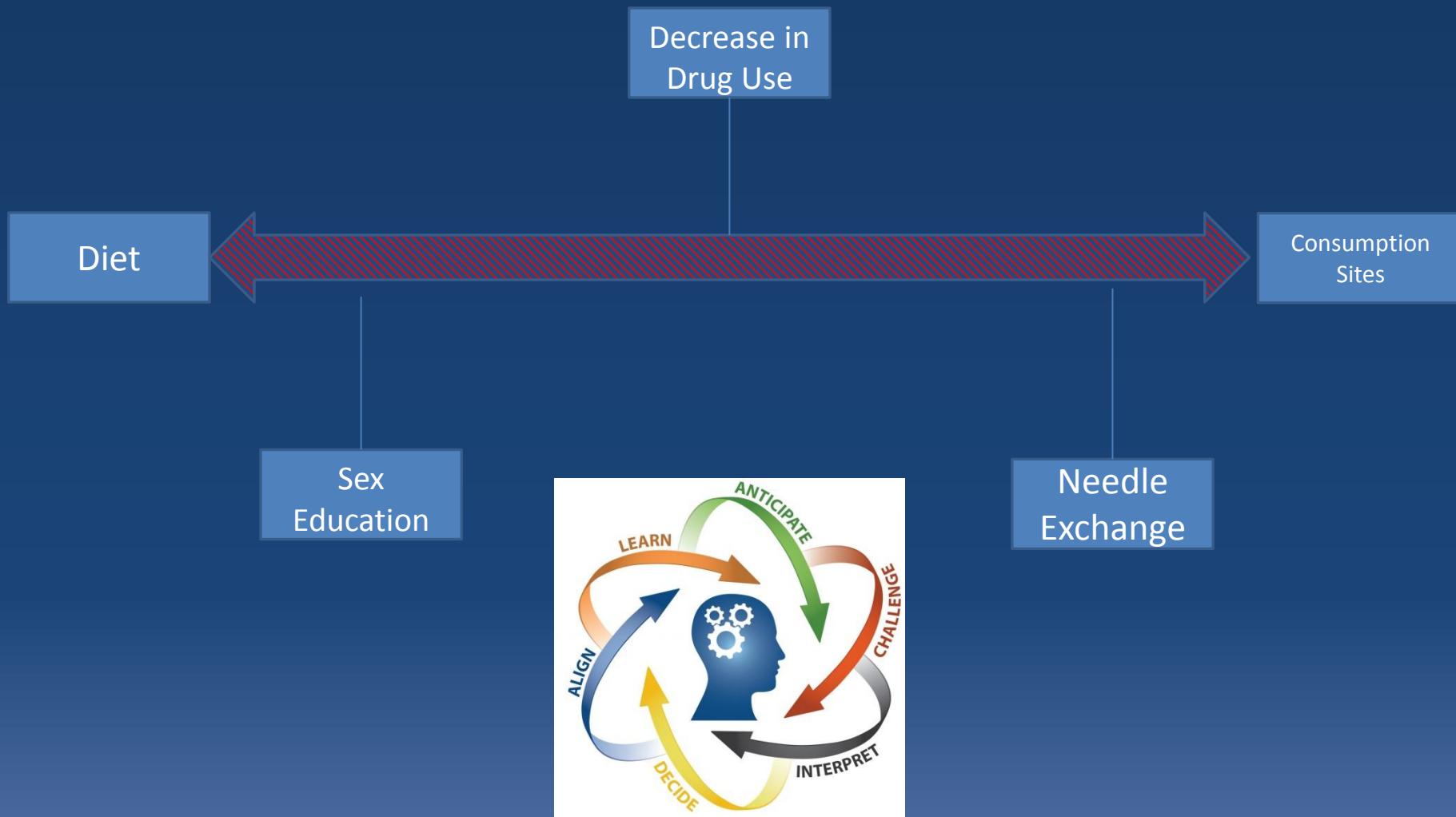
- Neighbors
- Housing
- Police

Leadership

- Behavioral Health Leadership
- Agency Leadership
- Political Leadership



Harm Reduction Self Evaluation



Harm Reduction Case Management

“Meeting People Where They Are At”

Self Assessment

- Personal Feelings
- Values
- Biases

Clinical Skills

- Motivational Interviewing
- Stages of Change
- Evidenced Based Practices



Case Management Skills

- Advocacy
- Creativity
- Staying on Top of Trends
- Collaboration

Case Manager Evolution



System Evolution



Questions?

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