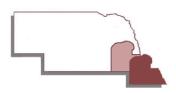
# **Supported Employment**

An Evidence Based Practice
By SAMHSA
Mental Health Association of Nebraska









#### **About MHA-NE**

 A consumer-run education and advocacy organization bringing service recipients, families, professionals, advocates, and concerned citizens together to address all aspects of mental health and mental illness.

 MHA-NE is dedicated to ensuring that public mental health policies are just, fair, and promote recovery, equality and opportunity.





## What is supported employment?

- 1) Eligibility is based on consumer choice.
- 2) Supported employment is integrated with treatment.
- 3) Competitive employment is the goal.

- 4) Follow-along supports are continuous.
- 5) Consumer preferences are important.
- 6) Job search starts soon after a consumer expresses interest in working.

## **Fidelity Scale**

#### Staffing:

- Caseload @ 25
- Vocational services staff
- Vocational generalists

#### Organization:

- Integration of rehab with MH treatment
- Vocational unit
- Zero exclusioncriteria

#### **Services**

- On-going, work based assessment
- Rapid search for competitive employment
- Individualized job search
- Diversity of jobs developed

- Permanence of jobs developed
- Jobs as transition
- Follow along supports
- Community-based services
- Assertive engagement and outreach

#### Services.... Cont'd

#### What is engagement?

- A partnership
- An individual being self determined to want to engage in services for the right reasons.
- It is mutual respect and dignity.
- It is reflected in the hope that you/your agency show concerning a customer's ability to recover.
- Recovery is the Expectation!

## **Engagement**



#### Why is good engagement important?

- Good quality engagement: Reduces cancellation and failure rates
- Improves the service provider's understanding of the individuals issues and recovery needs
- Builds the customer's trust that the service provider is truly interested in his/her welfare
- What is the most important determinant of the quality of treatment outcomes?

The quality of relationship between the consumer and the service provider!

#### **Key Components of Engagement**

- Environment
- Language
- Trauma Informed
- Know your Biases

- Expectations
- Decision making
- The dignity of Risk
- Trust!

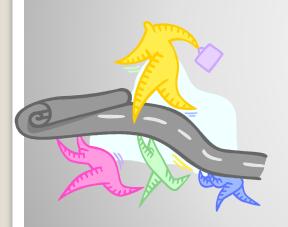


# The 10 Fundamental Components of Recovery

- Self direction
- 2. Individualized and person centered



- 4. Holistic
- 5. Non-linear
- 6. Strength based
  - 7. Peer support
    - 8. Respect
  - Responsibility
    - 10. HOPE!!



#### SAMHSA

## (Substance Abuse and Mental Health Services Administration)

www.samhsa.gov

#### Region V Systems

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